

25 July 2021

cnr. Edmond  
Rostand &  
Chantecler  
Roads,  
Eversdal  
P.O. Box 351,  
Durbanville 7551



## SERVICE TIMES

### Bible Study & Sunday School

Bible Study 9.00- 9:45 AM.

Sunday School 9.00-9:45 AM

Young Adults/Youth

Suspended for time being

### Sunday Worship

10.00 - 11.15 AM.

PM Suspended for time being

*Living a new life in Christ*

*From the desk of Dereck...*

## **I Am Down and Hurting—What Can I Do?**

Life is so hard—harder for some than for others. Sometimes there are “ups” and then we get hit with “downs.” When those “downs” come, what can we do? Better asked, “What should we do?”

In the Old Testament, the prophet Elijah experienced “ups” and “downs.” As a prophet of God, he did great miracles to point people to the power and the Word of God. Can you imagine any greater “up” than God sending ravens to feed you while there was a drought in the land (1 Kgs. 17:1-7), or providing endless food for a widow and her son (17:8-16), or raising the widow’s son from the dead (17:17-24), or calling down fire from heaven to consume a sacrifice (18:20-39)? We may wonder how such a man could ever experience any “downs” after having “ups” like these. But he did.

Elijah got so down that “he prayed that he might die and said, ‘It is enough! Now, Lord, take my life!’” (19:4). Through the strength of the Lord, he journeyed forty days to a cave (19:8-9). When you are down, isn’t that where you’d like to be? In a dark cave and by yourself? When the Lord called to him there, Elijah was depressed. “I alone am left; and they seek to take my life” (19:10). Even after God spoke to him and revealed Himself to him, Elijah again said, “I alone am left; and they seek to take my life” (19:14). Elijah was down and hurting. What could he do? Better yet, what should he do?

The Lord did not tell Elijah to just stay in the cave. He did not tell Elijah to close off from others. The Lord did not tell Elijah to chide others for not coming to his side. Look carefully at three things the Lord told Elijah to do:

First, “go” (19:15). He did not tell him to “stay.” God told Elijah to come out of the cave and “go.” Are there any of us who need to hear that?

Second, “return” (19:15). He did not just tell him to come out of the cave and go, but He told him to go back and retrace his steps. In retracing his steps, he would need to “do again” those good things that he had been doing before (cf. Rev. 2:5).

Third, “anoint...anoint...anoint...” (19:15-16). In other words, the third thing that God told Elijah to do was “work.” And the “work” that He gave him to do was “work” for the good of “others.” Do any of us need to hear that?

Life is hard. It has “ups” (which we like) and “downs” (which are sometimes devastating). What can we do? What should we do? Three things: (1) Get up and go. (2) Return to doing good things. (3) Work for the benefit of others. As we serve, God will strengthen us and help us to see others (19:18) whom we may help to have an “up” themselves.

I pray that this week you will follow the advice the Lord gave to Elijah and do what He tells us as He leads us out of the ups and downs.

Stay blessed and safe.

Dereck

### **CONTACT DETAILS**

**Landline:** 021-975 4405 **Website:** [www.churchofchrist.org.za](http://www.churchofchrist.org.za)

**Email - Secretary:** [office@bcoc.za.org](mailto:office@bcoc.za.org)

**Minister:** Dereck Beukes 082 909 3848

**MINISTRY FACILITATORS**

**Worship:** Don Griessel 021 976-2950

**Sunday School:** Charles & Tish 083 779 8556

**Finance:** Bradley Dearham 083 467 0943

**World Bible School:** Desiree Human 060 501 8540

**Prisons:** Stephen Leibbrandt 084 790 7721

**Benevolence:** Johan Gerber 083 233 4726

**Maintenance:** Robert Trevor-Jones 074 653 1463

**LADIES BIBLE CLASS**

Tuesdays at 10am

Contact: Sue 063 779 9914 or Ali 084 5584 508

**MID WEEK BIBLE STUDY CLASS**

Wednesday 7.00 - 8.00 pm

**SMALL GROUPS**

**Thursday evening group, Bible Study**

Thursday 7.00—8.00pm

Contact: Johan Gerber 083 233 4726

**YOUTH FRIDAYS** 18H30—20H00 (alternates)

**Kids for Christ Grade 2 to Grade 7**

Contact: Tish 084 398 8556 or Gaynor 072 111 5220

**YOUTH Grade 8 to Grade 12**

Contact: Johan & Gaynor Pienaar 083 456 0791

**SUNDAY SCHOOL 9am—9:45am**

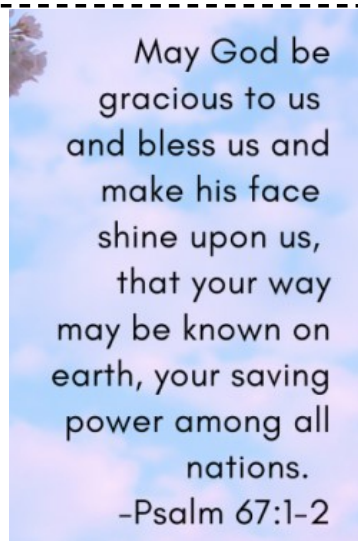
DATE	25 July	01 August
Age 2 to 4	Online	Online
Age 5 to 7	Online	Online
Grade 2 - 4	Online	Online
Grade 5 - 7	Online	Online

**PRAYER REQUESTS**

*Those who are ill/surgeries:* Ian, Tracey & Jarrod Kitching, Rick & Ali Webb, Johan & Katarina Gerber and family, Johan & Gaynor Pienaar and family, Carmen Visagie, Anzonia Joseph, Jenny & Warren Bey-er, Dennis Stubbs, Joni Green, Lydia Sinclair, Kyle Grunewald, Kaden Jacobs,

*The bereaved:* Our prayers are with all those who have lost loved ones. May the God of comfort be with you.

*The elderly & those in need of prayer:* SA Bible College and especially — our country & leaders & world leaders, the front-line workers, doctors & nurses, those working to make our world safe again.



*Stay Safe, Stay positive  
Stay connected  
You are loved*



**HAPPY BIRTHDAY**



Anthony Diedericks	27 Jul
Mario Idas	28 Jul
Cheryl McGregor	28 Jul
Ella Jäck	30 Jul
Maxine Davies	31 Jul
Rohann Marais	31 Jul

**HAPPY ANNIVERSARY**

No one this week

**TUESDAY LADIES' CLASS**

Sharing: Marietjie & Devereaux  
Announcements & prayer: Sue



**THURSDAY GROUP**

Teaching: Males

The bible study is on zoom  
this Thursday



Please contact Johan Gerber for  
the details. (083 233 4726)



**Jar of Hope**  
Our project aiming to reach outside the church  
Contents required:  
Coffee jar  
1 cup rice  
1 cup soup mix  
1 cup lentils  
1 unwrapped stock cube  
1 pkt soup powder  
Contact  
Lee 072 341 3511 or  
Alison 084 5584 508



**THIS WEEK 25 July 2021**

**NEXT WEEK 01 August 2021**

THIS WEEK 25 July 2021		DUTY ROSTER	NEXT WEEK 01 August 2021	
AM	PM		AM	PM
Dereck Beukes		ANNOUNCEMENTS	Dereck Beukes	
		SONG LEADER		
HD Botes		LORD'S SUPPER	Geoff Jäck	
Criston Sloan		SCRIPTURE & PRAYER	Glen DW Holmes	
		AM SERVERS		
Dereck Beukes		PREACHING	Dereck Beukes	
Jorren Sloan		CLOSING PRAYER	Joe Tshililo	
		COMMUNION		
		FLOWERS		
Charles		Sound	Harrison	

**FINANCES**

Year-to-date budget  
(June 2021) - R624,000  
Year 2021 actual  
(June 2021) - R624,316  
Year-to-date surplus 🟢  
(June 2021) - R 316  
*God bless you as you excel  
in your giving - 2 Cor. 8 : 7*



**BANKING DETAILS**

**NEDBANK**  
ACC Name: Bellville Church  
of Christ  
Cheque Acc. Nr:  
1036015041  
Branch Code: 103610